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# Nutricode

## New Generation Ideal Shape

### *- Information Guide*



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## *- Information Guide* for FM World UK Business Partners

Welcome to the Nutricode New Generation Ideal Shape information guide. Our carefully formulated supplement is designed to support you on your journey to achieving and maintaining your ideal shape. Achieving your ideal shape isn't just about looking good; it's about feeling great and living a healthier, more balanced life. Nutricode Ideal Shape offers a combination of essential ingredients that promote overall well-being, metabolic health, and weight management.

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## Ingredients and Their Descriptions

### **Powdered Barley Grass:**

Rich in vitamins, minerals, and antioxidants, powdered barley grass helps support overall health by boosting the immune system, enhancing digestion, and providing a natural source of energy. This nutrient-dense superfood also aids in detoxification and maintaining healthy skin.

### **Chromium:**

An essential trace mineral that contributes to the normal metabolism of macronutrients and helps maintain normal blood glucose levels. It reduces cravings for sweet foods by regulating blood sugar levels.

### **Ceylon Cinnamon:**

Known for its hypoglycemic properties, it helps lower blood sugar levels and enhances insulin sensitivity, promoting faster fat burning.

### **Vitamin B6:**

This vitamin regulates mood and energy levels, helping to control hunger, especially during times of stress and anxiety.

### **L-Carnitine:**

An amino acid derivative that facilitates energy production by promoting the utilization of fat stores, ensuring sustained energy levels and improved workout performance.

## Zinc:

A powerful antioxidant and anti-inflammatory agent that supports overall health by maintaining metabolic balance and promoting hormonal harmony.

## Benefits

- **Optimized Nutrient Metabolism:** Supports efficient metabolism of carbohydrates, proteins, and fats.
- **Balanced Blood Sugar Levels:** Helps maintain healthy blood sugar levels, reducing sugar cravings.
- **Improved Protein and Glycogen Metabolism:** Enhances the conversion of food into energy.
- **Hormonal Regulation:** Aids in balancing hormones, reducing stress-related eating and mood swings.
- **Enhanced Fat Burning:** Promotes a balanced insulin response, reducing fat storage and enhancing fat burning.
- **Comprehensive Nutrient Processing:** Ensures effective utilization of nutrients for overall energy and health.
- **Anti-inflammatory and Antioxidant Support:** Provides anti-inflammatory benefits and supports overall health, promoting a youthful and vibrant body.

## Best For

- **Individuals Seeking Effective Weight Management Support:** Ideal for those looking to achieve and maintain a healthy weight through optimized metabolism and balanced blood sugar levels.
- **People Experiencing Sugar Cravings and Blood Sugar Fluctuations:** Perfect for individuals who struggle with sugar cravings and want to maintain steady energy levels.
- **Those Who Experience Hunger Associated with Stress or Anxiety:** Beneficial for people who find themselves eating more during stressful times, helping to regulate mood and reduce stress-related overeating.
- **Individuals Looking to Boost Their Energy Levels Naturally:** Great for anyone wanting sustained energy throughout the day, whether active or at rest, through enhanced fat and nutrient metabolism.
- **Anyone Interested in Anti-Aging Benefits and Maintaining Hormonal Balance:** Suitable for those who want to support overall health, reduce inflammation, and maintain a youthful, vibrant body while keeping their hormones in balance.
- **Fitness Enthusiasts Seeking Improved Workout Performance:** Ideal for active individuals who want to maximize fat burning, improve endurance, and maintain high energy levels during and after workouts.
- **People Focused on Long-term Health and Disease Prevention:** Perfect for those aiming to reduce the risk of metabolic disorders, cardiovascular issues, and other chronic health conditions through better nutrient utilization and metabolic health.

## Contraindications

- Not recommended for pregnant or breastfeeding women.
- Not suitable for persons under the age of 18.
- Do not use in cases of hypersensitivity to any of the product ingredients.

## Supplement Facts

### Active ingredients in a daily portion

- Powdered barley grass: 400 mg (\*\*)
- Ceylon cinnamon bark extract: 100 mg (\*\*)
- L-carnitine: 100 mg (\*\*)
- Zinc: 1.5 mg (15 %)\*
- Vitamin B6: 1.4 mg (100 %)\*
- Chromium: 40 µg (100 %)\*

\*%NRV – Nutrient Reference Value for an average adult person (8 400 kJ/2 000 kcal); \*\* - a reference intake value has not been established.

**Ingredients:** powdered barley grass (gluten), bovine gelatine (capsule shell), L-carnitine hydrochloride, Ceylon cinnamon bark extract (10:1), L-leucine (exogenous amino acid), zinc (zinc gluconate), vitamin B6 (pyridoxine hydrochloride), chromium (chromium picolinate).

**Allergy Warning:** Contains Barley (gluten).

## Additional Information

- The packaging contains 60 capsules.
- Dietary supplements are not a substitute for a varied diet.
- A varied diet and a healthy lifestyle are recommended.
- Take two (2) capsules once a day with water. Do not take more than two (2) capsules per day.
- Consistency in taking the supplement and maintaining a healthy lifestyle is key to achieving long-term results.

## Prospecting Questions for Potential Customers

### 1. What challenges are you currently facing with weight management or maintaining a healthy lifestyle?

Purpose: This question helps to identify the specific struggles the prospect is experiencing. Understanding their pain points allows the seller to tailor the conversation to address those issues directly, demonstrating how Nutricode Ideal Shape can provide a solution.

**2. Have you noticed any fluctuations in your energy levels throughout the day, especially when trying to stick to a diet or exercise routine?**

Purpose: This question aims to uncover issues related to energy and fatigue, which are common obstacles in weight management. It provides an opportunity to highlight how Nutricode Ideal Shape's ingredients, like L-Carnitine, can help sustain energy levels.

**3. How do cravings or stress-related eating impact your weight management efforts?**

Purpose: By asking about cravings and stress-related eating, the seller can identify if these are significant factors hindering the prospect's progress. This opens up a conversation about how ingredients like Chromium and Vitamin B6 in Nutricode Ideal Shape can help manage these issues.

**4. Are you looking for ways to improve your overall metabolic health and reduce the risk of conditions like diabetes or heart disease?**

Purpose: This question assesses the prospect's interest in long-term health benefits beyond weight loss. It allows the seller to discuss how Nutricode Ideal Shape can support metabolic health and reduce the risk of chronic diseases through ingredients like Chromium and Ceylon Cinnamon.

**5. What other methods or products have you tried in the past, and what did you find most challenging or unsatisfactory about them?**

Purpose: Understanding the prospect's past experiences with other products or methods provides insight into what hasn't worked for them and why. This information can help the seller position Nutricode Ideal Shape as a superior alternative that addresses those specific challenges more effectively.

These questions are designed to engage prospects in a meaningful conversation, uncover their specific needs and challenges, and provide a pathway to demonstrate how Nutricode Ideal Shape can offer targeted solutions.